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| The Growth (Hero/Pilgrim) Journey | |
| **Home** | |
| Safe place, comfort zone  Circumstances of birth |  |
| Call to adventure or serve; growth, expansion  (Refusal) |  |
| Magnified powers  Supernatural aid  Mentor |  |
| Crossing the threshold out of the comfort zone |  |
| **Road of trials**, a place apart, extended opportunities | |
| Vision quest, maturation ritual |  |
| Union of opposites, marriage |  |
| Temptation (to leave the path), tests, allies, enemies |  |
| Coming to terms with authority or self |  |
| Realization of purpose |  |
| Receiving the goal or gift of the quest |  |
| **Return – Creating a Home Renewed** | |
| Refusal to return |  |
| Flight |  |
| Rescue, guides, assistance |  |
| Crossing the return threshold |  |
| Master of two worlds |  |
| Freedom to live; sharing new knowledge or skill, contribution |  |